

ILE DE CAVALL



HÔTEL & SPA DES PÊCHEURS
ILE DE CAVALLO | CORSE | FRANCE

SPA MENU

managed by



Ile de Cavallo Spa

THE BODY

When physical and mental well-being meet together, they give life to the elixir of long youth. This is the motto and holistic vision of our SPA. Our operators, specialists trained in both Eastern and Western disciplines, will welcome you to give you a real moment of pure pleasure, balancing mind and body. All products of our SPA, the massage oils, the creams, the line of rituals and treatments aim to regenerate as well as to harmonize.

The movements designed specifically for each massage, ritual or treatment and the specific fragrances for every need will be the energy of the soul that will be reflected in the body.

OUR MASSAGES

25 MINUTES

Back Massage	55 €
Head and Neck massage	55 €
Leg Massage	55 €
Relaxing foot massage	55 €

50 MINUTES

Tailoring Massage	85 €
Relaxing Massage	85 €
Draining Massage	85 €
Deep tissue Massage	85 €
Lomi lomi hawaian massage	85 €

THE ORIENTALS MASSAGES

Shiatsu	85 €
Foot reflexology	85 €
Original thai massage	90 €
Tibetan bowls vibes massages	85 €

THE EXCLUSIVES MASSAGES OF ILE DE CAVALLO

Anti-gravity massage	25 minutes	60 €
.....	50 minutes	100 €
Ile de Cavallo's hot stone massage		85 €
Bio-energy massage with quartz rocks		85 €
Reiky		85 €

THE 80 MINUTES MASSAGES

Shiatsu	125 €
Original thai massage	125 €
Ile de Cavallo's hot stone massage	125 €
Deep tissue	125 €
Drayning massage	125 €
Relaxing massage	125 €

HEALING MASSAGES

Physiotherapy Treatments	140 €
Osteopathic Treatments	140 €
Taping application	25 €

RITUALS

thalasso rituals the health of the sea

Sea Salt Scrub	25 minutes	40 €
Body wrap with north sea seaweed	40 minutes	60 €
Sea salt scrub + Body wrap whit north sea seaweed	80 minutes	125 €
Sea salt scrub + Body wrap whit north sea seaweed + Drayning massage	100 minutes	140 €

ARGAN OIL AND HONEY RITUALS

bright your skin and your hair

Honey scrub	25 min	40 €
Body wrap gassoul's mud	40 minutes	60 €
Honey scrub + body wrap gassoul's mud for skin and hair	80 minutes	125 €
Honey scrub + body wrap gassoul's mud + argan oil massage	100 minutes	140 €
Argan oil massage body-face-hair	50 minutes	85 €

AESTHETICS

Normal bikini	25 €
Full bikini	40 €
Partial legs	25 €
Full legs	35 €
Face - armpits	15 €
Simple Manicure	25 €
Manicure whit nail varnish	30 €
Manicure with semipermanent polish	40 €
Pedicure	35 €
Pedicure with nail varnish	40 €
Pedicure with semipermanent polish	50 €
Nail vernish.....	15 €
Nail reconstruction	100 €
Refill	50 €

MIAMO

MIAMO (I love myself in italian) is the name of the products that will accompany us during the season. What better guarantee for loving us unconditionally?

Keep your skin healthy, achieve and enjoy a state of skin health at all ages, even with sensitive skin, vulnerable and issues, this is the Miamo System mission that is summed up in "Healthy skin system"

FACIAL TREATMENTS

Anti-Aging	80 €
Moisturizing and redensifying	80 €
Firming and regenerating	80 €
Expression relaxing	80 €
Antispots and scars post-acne	80 €
Oily skin	80 €
Acneicskin	80 €
Specific treatment for affected by problems skins	80 €
Prevention and rebalancing treatment	80 €

BODY TREATMENTS

Draining ice treatment	90 €
Multi-action slimming treatment	90 €
Palper rouler massage	90 €

OUR SERVICES

Group yoga session	20 €
Private yoga session at villa or yacht	80 €
Daily fee	30 €

Equipped Technogym with cardio and isotonic machines

Outside pool

Sauna

Thalasso therapy with hydromassage

EVERY WEDNESDAY RELAX & DRINK

Couple relaxing massage 50min +

Thalasso therapy +

2 cocktails see view couple 190 €



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