HÔTEL & SPA DES PÊCHEURS

ILE DE CAVALLO | CORSE | FRANCE



ILE DE CAVALLO'S SPA



When the physical well-being meets the mental retreat, they originate the Long Life Elixir.

When the physical well-being meets the mental retreat, creating the Long Life Elixir.

This is the holistic vision about our SPA.

Our professionals have studied in the whole world to constantly acquire new techniques and new "savoir faire"

Massage therapists, osteopaths, shiatsu, personal trainer, are at your service, to provide you what you need for your wellness.

In our Spa we use the best of natural products and the best innovations in the fields of cosmetics.



Miamo is our cosmetic brand that we recommend you to maintain an healthy skin.

Miamo Healthy Skin System's helps to recover your skin, rediscovering the pleasure of its natural and healthy beauty.

BODY TREATMENTS BY MIAMO

DRAINING ICE TREATMENT • 50 MINUTES • 90 EURO

Body exfoliation + Cryo bandages + draining legs massage. Specific treatment for heavy legs

ANTICELLULITE ACTIVE SLIM • 80 MINUTES • 140 EURO

reduce the cellulite, improve the blood circulation, gets better skin's aspect

ULTRA TONE • 50 MINUTES • 90 EURO

Treatment for skin laxity. It improves skin elasticity and helps to the reproduction of collagene, leaving your skins smooth and toned.

Body exfoliation+specifique body wrap+tone up massage

PALPER ROULER MASSAGE • 50 MINUTES • 100 EURO

Specifique massage to get into the deep layer of derma, improving the oxygenation of tissue and blood circulation.

It's the most efficient massage to fight the cellulite.



FACE TREATMENT BY MIAMO

HYDRASHINE • 45 MINUTES • 80 EURO

Enhance skin nourishing and brighting

CHRONO INTENSE • 45 MINUTES • 80 EURO

Intensive anti-age face treatment to stimulate the production of collagen

NEW SKIN MUM • 45 MINUTES • 80 EURO

A nourishing tratment, recommended for taking care of the skin in the most important moment of women's life

EPIGENETIC POWER • 45 MINUTES • 90 EURO

Intense lift treatment

PURITY SKIN • 45 MINUTES • 80 EURO

Cleans and prepare the oily skin

ECLAT EXSPRESS • 25 MINUTES • 35 EURO

Short moisturizing face treatment



OUR MASSAGES

MASSAGES • 25 MINUTES • 50 EURO

Back 'n' neck massage
Drain legs massage
Feet's shooting massage
Hair and head massage with silk oil by Pampuri

MASSAGES • 50 MINUTES • 85 EURO

Tailor's massage
Anti-stress massage with aromatherapy
Lymph massage
Lomi Lomi massage
Ayurvedique massage

COUPLE MASSAGE • 50 MINUTES • 170 EURO

COUPLE MASSAGE • 80 MINUTES • 280 EURO



THERAPEUTIC MASSAGES

THERAPEUTIC MASSAGE • 55 MINUTES • 100 EURO

THERAPEUTIC MASSAGE • 80 MINUTES • 140 EURO

ORIENTALS MASSAGES 50 MINUTES • 90 EURO

Shiatsu

Réflexologie

Thai Massage

Tibetan vibes Massage

MASSAGES • 80 MINUTES • 125 EURO

Shiatsu

Thai Massage

Cavallo island's Hot Stone Massage

Lymph Massage

Anti-stress Massage

Ayurvedique Massage



PAÑPURI

An epitome of clean beauty. Efficacy and dermatologically tested.

Pampuri Skincare formulations are packed

with exceptional concentrations of high-performance certified

organic and natural actives, hand-picked fortheir ability to perform as

well or better than theirsynthetic equivalents.

BODY SCRUB WITH COCO OIL & JASMINE

30 MINUTES • 40 euro

JASMINE FACE TREATMENT ARUNA YOUTH

50 MINUTES • 80 euro

MOM TO BE TREATMENTS

MOM TO BE MASSAGE • 50 MINUTES • 85 EURO

ANTI-STRETCH MARK TREATMENT • 50 MINUTES • 90 EURO

LIGHT LEGS MASSAGE • 50 MINUTES • 85 EURO



AESTETIQUES BEAUTE' DES MANS ET DES PIEDS BY SHELLAC

Manicure	30 EURO
Manicure with normal polish	35 EURO
Manicure whith semi permanent	50 EURO
Pedicure	40 EURO
Pedicure Spa	50 EURO
Pedicure with normal polish	45 EURO
Pedicure whith semi permanent	55 EURO
Normal polish	15 EURO
Remove semi permanent	10 EURO

WAX

Normal bikini	25 EURO
Brasilian bikini	35 EURO
Full bikini	45 EURO
Smalls areas	15 EURO
Half leg	25 EURO
Full leg	35 EURO



FITNESS & MIND

YOGA (GROUP LESSON)

60 MINUTES • 20 EURO FOR PERSON

FITNESS (GROUP LESSON)

60 MINUTES • 20 EURO FOR PERSON

YOGA PRIVATE LESSON

60 MINUTES • 80 EURO

PERSONAL TRAINER

60 MINUTES • 70 EURO

MEDITATION LESSON

50 MINUTES • 60 EURO



TERMS AND CONDITIONS OF THE SPA

THE ANNULATION IS POSSIBLE UNTIL 8 HOUR BEFORE THE APPOINTMENT,

In case of lack of presence the cost of service is payed at 100%.

WE KINDLY ASK TO OUR CLIENTS TO ARRIVE ON TIME, OUR THERAPIST WILL DO THEIR BEST FOR WELCOME YOU WITH THE MOST PUNCTUALITY.

ALL LOST OBJECTS WILL BRING AT THE MAIN HOTEL RECEPTION.

SERVICES INCLUDED FOR HOTEL'S GUESTS ONLY

Sauna Thalasso Jacuzzi Pool Outsider Pool Gym

PRICE LIST FOR EXERNAL GUESTS ONLY

Dayly spa's entry Sauna / Gym 30 EURO 15 EURO