When the physical well-being meets the mental retreat, they originate the Long Life Elixir.

This is the holistic vision about our SPA.

Our professionals have studied in the whole world to constantly acquire new techniques and new “savoir faire”. Massage therapists, osteopaths, shiatsu, personal trainer, are at your service, to provide you what you need for your wellness. In our SPA we use the best of natural products and the best innovations in the fields of cosmetics.
Miamo is our cosmetic brand that we recommend you to maintain an healthy skin. Miamo Healthy Skin System’s helps to recover your skin, rediscovering the pleasure of its natural and healthy beauty.

**BODY TREATMENTS BY MIAMO**

**DRAINING ICE TREATMENT** • 90 EURO
Specific treatment for heavy legs

**ANTICELLULITE ACTIVE SLIM** • 140 EURO
Exfoliation + Cryo bandages + draining legs massage

**ULTRA TONE** • 90 EURO
reduce the cellulite, improve the blood circulation, gets better skin’s aspect
Body exfoliation+cellulite stimulation+ deep tissue for cellulite

**PALPER ROULER MASSAGE** • 100 EURO
Specifique massage for work into the deep layer of derma and improving the oxygenation of tissue and the blood circulation. It’s the most effective massage for help to fight the cellulite
FACE TRAITEMENT
BY MIAMO

HYDRASHINE • 89 EURO
Get shine et nourishing your skin

CHRONO INTENSE • 89 EURO
Intensive anti-age face treatment for stimulate collagen production

NEW SKIN MUM • 89 EURO
Nourishing and take care of your skin in the most important moment of women’s life

EPIGENETIC POWER • 89 EURO
Intense lift treatment

PURITY SKIN • 89 EURO
Cleans and prepare the oily skin

SKIN RESTORE • 89 EURO
Restore your skin after a long sunny full day

ACNEVER PLUS • 89 EURO
Face treatment Specified for acne

ECLAT EXSPRESS • 40 EURO
Short moisturizing face treatment
OUR MASSAGES

MASSAGES • 90 EURO

Tailor’s massage
Anti-stress massage with aromatherapy
Lymph massage
Lomi Lomi massage
Ayurvedique massage
Deep tissue massage
Therapeutique massage

COUPLE MASSAGE • 50 MINUTES • 170 EURO
COUPLE MASSAGE • 80 MINUTES • 240 EURO

ORIENTALS MASSAGES

50 MINUTES • 90 EURO | 80 MINUTES • 130 EURO

Shiatsu
Réflexologie
Thai massage
Tibetan vibes massage
PAÑPURU

notre ligne cosmétique 100 % naturelle. Chaque produit Pañpuri est une expression moderne de cette conviction : les ingrédients sont sélectionnés précautionneusement, issus de sources durables et mélangés avec amour, afin de vous offrir uniquement ce qui est bon, efficace et nécessaire.

GOMMAGE BODY AROMATIC  •  40 EURO

JASMINE FACE TREATMENT LOTUS DEFENSE  •  89 EURO

FITNESS & MIND

YOGA LESSON GROUP  •  20 EURO PER PERSON

FITNESS LESSON GROUP  •  20 EURO PER PERSON

YOGA PRIVATE LESSON  •  70 EURO

PERSONAL TRAINER  •  70 EURO

MEDITATION LESSON  •  50 EURO
# Aesthetics

## By Shellac

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manicure</td>
<td>30 EURO</td>
</tr>
<tr>
<td>Manicure with normal polish</td>
<td>35 EURO</td>
</tr>
<tr>
<td>Manicure with semi permanent</td>
<td>50 EURO</td>
</tr>
<tr>
<td>Pedicure</td>
<td>40 EURO</td>
</tr>
<tr>
<td>Pedicure SPA</td>
<td>60 EURO</td>
</tr>
<tr>
<td>Pedicure with normal polish</td>
<td>45 EURO</td>
</tr>
<tr>
<td>Pedicure with semi permanent</td>
<td>60 EURO</td>
</tr>
<tr>
<td>Change polish</td>
<td>15 EURO</td>
</tr>
<tr>
<td>Remove semi permanent</td>
<td>10 EURO</td>
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</table>

# Epilations

## By Skin

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal bikini</td>
<td>25 EURO</td>
</tr>
<tr>
<td>Brasilian bikini</td>
<td>35 EURO</td>
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<tr>
<td>Full bikini</td>
<td>45 EURO</td>
</tr>
<tr>
<td>Smalls areas</td>
<td>15 EURO</td>
</tr>
<tr>
<td>Half leg</td>
<td>25 EURO</td>
</tr>
<tr>
<td>Full leg</td>
<td>35 EURO</td>
</tr>
</tbody>
</table>
TERMS AND CONDITIONS
OF THE SPA

THE ANNULATION IS POSSIBLE UNTIL 8 HOUR BEFORE THE APPOINTMENT.

IN CASE OF LACK OF PRESENCE THE COST OF SERVICE IS PAYED AT 100%.

WE KINDLY ASK TO OUR CLIENTS TO ARRIVE ON TIME, OUR THERAPIST WILL DO THEIR BEST FOR WELCOME YOU WITH THE MOST PUNCTUALITY.

ALL LOST OBJECTS WILL BRING AT THE MAIN HOTEL RECEPTION.

SERVICES INCLUDED
FOR HOTEL’S GUESTS ONLY

SAUNA
THALASSO JACUZZI POOL
OUTSIDER POOL
GYM

PRICE LIST
FOR EXTERNAL GUESTS ONLY

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dayly Spa’s entry</td>
<td>30 euro</td>
</tr>
<tr>
<td>Sauna / Gym</td>
<td>15 euro</td>
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</tbody>
</table>