

Treatment Menu



The Spa
at



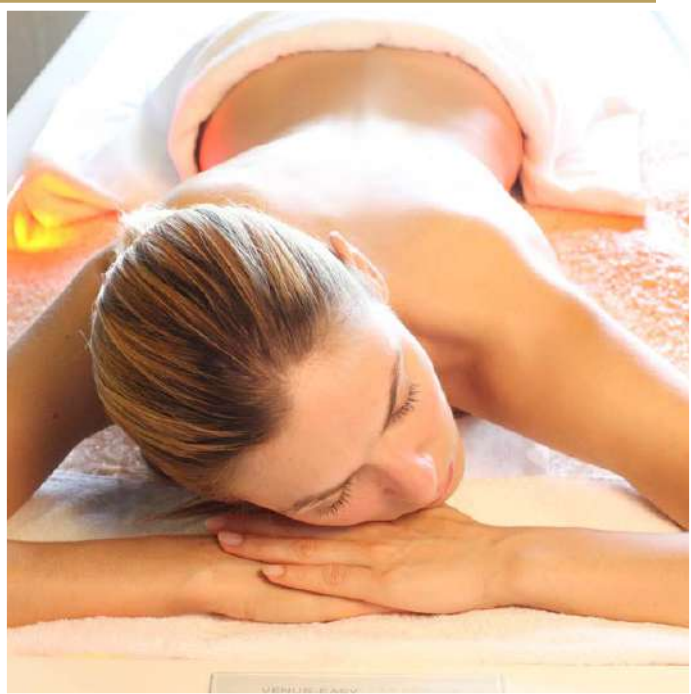
Hôtel & SPA des Pêcheurs

OPERATED BY



OceanView

SPA MANAGEMENT | MONACO MC



THE ART OF PURE INDULGENCE

An intimate sanctuary where luxury and serenity blend in perfect balance.

The Spa at Hôtel & SPA des Pêcheurs offers an exclusive collection of rejuvenating treatments, crafted in collaboration with prestigious brands such as Lajatica and La Mer, and perfected by the expert hands of our skilled therapists.

Each ritual is an invitation to surrender, to reconnect with oneself, and to indulge in a profound sense of well-being.

L A J A T I C A
EQUILIBRIO. CORPO E ANIMA.



COMBINING TRADITION & INNOVATION

LAJATICA is a high-performance wine cosmetics line for 100% natural beauty by the Bocelli 1831 wine estate, the first line of wine-based cosmetics made entirely in the agricultural sphere from the cultivation of the grape to harvest, to wine, to the transformation in the cosmetic laboratory to the finished packaged products. All LAJATICA products have a powerful antioxidant effect and therefore help to combat ageing, as oxidation is responsible for causing the tissue to age. LAJATICA's standout feature, however, is its high concentration of grape polyphenols, particularly resveratrol. Resveratrol is known as "the molecule of eternal youth". Dr David Sinclair of Harvard Medical School has called it the best anti-ageing molecule available today.

LA MER

THE SECRET OF THE SEA

The mere mention of Crème de la Mer inspires intrigue, adoration and a cult-like devotion. The journey began when Dr. Max Huber suffered burns in an experiment gone awry and set out to create his own destiny. Aerospace physicist by day, stargazer and dreamer by night, he hoped to unlock the healing power of the sea he held so dear. 6,000 experiments and 12 years of searching led to the epiphany of a lifetime - a fermentation process that transformed sea kelp and other pure ingredients into the miracle that would help transform the look of his skin. In honour of his muse, he called it Crème de la Mer. A unique, luxury escape with exclusive **Miracle Broth™**. Deeply personalized facials are highlighted with a pure concentration of **Miracle Broth™** - a priceless extract exclusive to the spa experience. Signature body treatments infuse skin with life. Mind and body harmonize as vibrational energies bring each session to a gentle close.

FACIALS

Reveal your natural radiance

Rediscover your beauty as your skin's natural glow is gently unveiled.

Each facial is a bespoke sensorial journey, where precious ingredients and expert hands come together in perfect harmony to awaken your inner luminosity.

AGE-DEFYING

LAJATICA | SANGIOVESE 60 min

€140

Fight the first signs of ageing with the Sangiovese Age-Defying Facial, a wonderfully rejuvenating treatment based on the free- radical fighting qualities of polyphenols, found in grape extracts. Relax into the expert hands of our experienced therapists as these age- fighting compounds do their work.

A ritual of timeless youth.

FIRMING

LAJATICA | CABERNET SAUVIGNON 60 min

€140

Pamper a more mature complexion with this soothing facial treatment. Based on resveratrol, a natural compound found in the skin of grapes, this relaxing treatment helps fight deeper wrinkles, leaving skin firmer, and helping redefine the profile.

A pure moment of relaxation and regeneration.

BRIGHTENING

LAJATICA | PINOT GRIGIO 60 min

€140

Delivering a brightening effect, without compromising your tan, this facial treatment is a great way to take some time out for yourself and your skin. Employing the excellent antioxidant qualities of borage, rich in Omega 6, it has a gently moisturizing, firming effect on your skin, leaving it feeling soft and velvety. A pause for pure radiance.

MEN'S LUXURY

LAJATICA | MORELLINO 60 min

€140

The Morellino Men's Facial is perfect for men's skin. Using the active properties of the plant Verbascum combined with cypress essential oil, this treatment will help fight shine and reduces the signs of ageing. A custom-tailored experience for men's skin.

PURIFYING

LA MER | THE ULTIMATE CLEANSE 60 min

€165

A deep-purification session for your skin using a steam purification process to restore clogged pores. A gentle exfoliation exposes a rejuvenated, polished and glowing skin. Ideal for restoring balance and a refreshing vitality to your face.

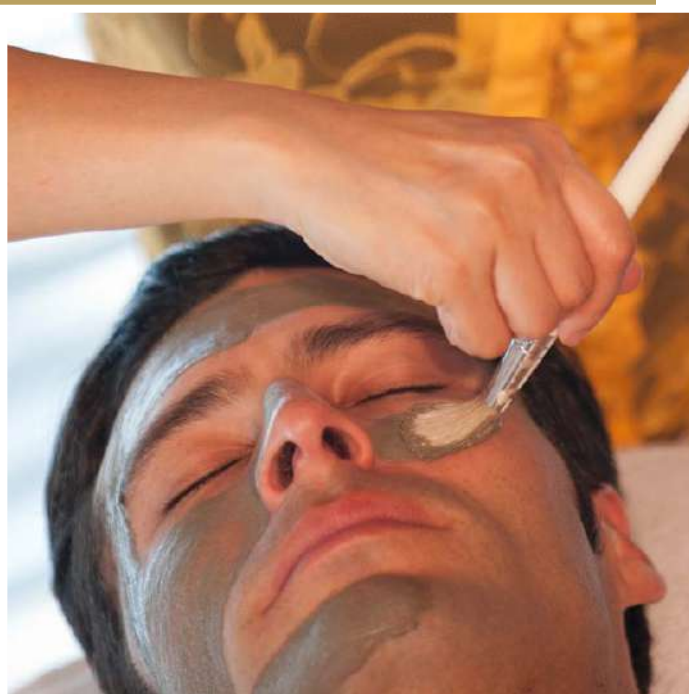
LIFTING

LA MER | YOUTHFUL SKIN 60 | 90 min

€175 | €235

A personalized treatment that targets the signs of ageing with exclusive lifting massage techniques and the renowned healing energies of **Miracle Broth™**. This facial visibly lifts the skin while reducing fine lines and reviving a more youthful appearance.

A precious moment to unveil your true beauty.





HYDRATING

LA MER | HYDRATION BOOSTER 60 | 90 min

€175 | €235

An enhanced and strengthened infusion of the powerful **Miracle Broth™** is combined with bespoke massage techniques to deeply hydrate and calm the skin, which evens out the skin tone and texture.

The result? Skin that feels plumped, luminous, and irresistibly silky.

MIRACLE BROTH

LA MER | THE SIGNATURE FACIAL 90 min

€285

The Signature La Mer facial renovates with personalized techniques and a pure infusion of the desirable **Miracle Broth™**. This incomparable extract helps optimize skin's reperformance, helping bring skin back to its healthiest look. For those in search of an exclusive facial ritual that redefines the skin's texture and reveals a new radiance.

An elite experience, restoring vitality, balance, and the beauty of natural light.

GENAISSANCE

LA MER | RENEWING COLLECTION 90 min

€285

Powered by **The Serum Essence**, this ultra-luxurious ritual targets key areas of the face, smoothing wrinkles, minimizing imperfections, and delivering an instant, renewed glow. Stimulating yet deeply relaxing techniques guide the skin on a journey toward visible and lasting youthfulness.

An enveloping, transformative experience - a timeless moment of pure luxury.

EYE FOCUS

LA MER | REJUVENATING 30 min

€65

A sublime compliment to any facial or massage experience.

This incredibly effective eye treatment works to brighten the eyes, soften the appearance of fine lines, wrinkle and reduce dark circles and puffiness with the legendary healing energies of **Miracle Broth™**. A relaxing and enjoyable application soothes, hydrates and renews the delicate eye area delivering an expression of youth.

RITUALS

A celebration of natural beauty and inner harmony.

Surrender to rejuvenating treatments that blend ancient ingredients, expert touch, and delicate fragrances to awaken both body and spirit.

BODY VELVET

LAJATICA | SANGIOVESE 90 min

€200

Made with the highest quality Sangiovese IGT (Indicazione Geografica Tipica) grapes, and enriched with mallow, sage and aloe vera, this velvety body treatment is a relaxing, soothing experience. The active properties found in grapes combine with essential oils for skin that is healthier, brighter and delightfully soft.

BODY STIMULATING

LAJATICA | CABERNET 90 min

€200

This luxurious anti-cellulite body treatment is ideal for stimulating circulation and reducing the appearance of bumpy, orange-peel skin. It uses a Cabernet grape mousse, known to increase cellular turnover, enriched with rosemary and oak extracts for a revitalizing boost. Perfect for those seeking a more sculpted silhouette and smoother, refined skin.

BODY SCRUB

LAJATICA | CABERNET 30 min

€65

Enjoy the rejuvenating benefits of a body peeling treatment based on the seeds and grape must of Cabernet grapes. This wonderfully indulgent treatment exfoliates and purifies, nourishes and moisturizes, leaving your skin refreshed, brighter, and silky to the touch. Perfect before a massage or as an express rejuvenating treatment.

BODY RESTORATIVE

LA MER | FULL BODY TREATMENT 60 min

€265

A wonderfully restorative and luxurious treatment that delights you to La Mer from head to toe. Your skin is gently polished leaving it smooth, glowing and soft. Using a combination of gentle stretches, acupressure, reflexology, stimulates the flow of blood, oxygen and energy around your entire body, and bring a sense of wellbeing, calm and deep relaxation.

BALINESE THALASSA

HÔTEL & SPA DES PÊCHEURS EXCLUSIVE 60 min

€135

Escape into a beautiful aromatic world with this full-body scrub, with a peeling made from 100% natural seaweeds and sea salt. This prepares your skin in readiness for the mineralizing algae body mask, which leaves you feeling toned, fresh and deeply relaxed. This powerful ritual smooths the look of skin and helps to reduce the appearance of the signs of ageing.

RELAX AND SLEEP

HÔTEL & SPA DES PÊCHEURS EXCLUSIVE 90 MIN

€200

The ultimate massage for your best night's sleep. To ease the tensions and relax the entire body, a lavender body peel, followed by a body mask. Carefully applied pressure relieves key areas of tension, whilst aromatherapy essential oil blend sedates, calms and grounds you, and guided breathing induces a serious state of relaxation.

A relaxing facial completes the experience. A pure embrace for body and soul.

ULTIMATE HYDRATION

EXCLUSIF HÔTEL & SPA DES PÊCHEURS 60 MIN

€135

Bring back your radiance with this comforting and restorative treatment designed to rejuvenate dry, out-of-condition skin. An intensive rose, geranium and marigold scented natural body scrub prepares the body for a super-moisturizing body mask, giving the lucky recipient luminous skin tones.

The ritual concludes with a hydrating facial treatment, creating a multisensory experience that leaves the skin exquisitely soft and radiant.

A moment of pure regeneration, to feel lighter, more luminous, and beautifully renewed.

BESPOKE RITUALS

HÔTEL & SPA DES PÊCHEURS BESPOKE BODY THERAPIES

TAILORED TO YOU 60 | 90 | 120 min

€140 | €200 | €250

At Hôtel & SPA des Pêcheurs, every personalized treatment is a bespoke sensory journey, meticulously crafted to fulfill your desires and needs.

Following a private consultation with our expert therapists, you will embark on a unique experience where refined techniques, exceptional products, and an unwavering attention to detail come together in perfect harmony.

Surrender to the art of tailor-made luxury: your body regains balance, your mind unwinds, and you radiate with renewed harmony.





SENSORIAL MESSAGES

Rediscover deep well-being with rituals inspired by nature, the sea, and eastern traditions.

Each treatment is an invitation to serenity, profound relaxation, and complete renewal. Choose the massage that resonates with your emotions in the moment and experience a new dimension of well-being at Hôtel & SPA des Pêcheurs.

MEDITERRANEAN CITRUS

LAJATICA | NOURISHING 60 min €140

A gentle, enveloping massage, perfect for releasing tension and deeply nourishing the skin. An aromatic blend of grape seed oil, Mediterranean citrus, and rosemary melts into the skin, enhanced by warm compresses infused with red vine extracts.

The result: revitalized, radiant skin, beautifully protected against the signs of time.

BALINESE

HEAD TO TOE RELAXATION 30 | 60 | 90 min €70 | €135 | €195

Surrender to a complete, deep, and relaxing holistic treatment, designed to embrace every part of the body in a unique sensory experience. Through a refined blend of gentle stretches, acupressure, reflexology, and aromatherapy, this extraordinary massage stimulates the flow of blood, oxygen, and vital energy throughout the body. The result is a profound sense of well-being, inner calm, and total relaxation. A caress for the body, a balm for the soul.

BALINESE FOUR HANDS

DOUBLE RELAXATION 60 | 90 min €270 | €395

Two Therapists, One Rhythm. An exclusive experience where every movement is perfectly synchronized, enveloping body and mind in a seamless dance of deep, total well-being.

DEEP TISSUE

TOTAL REGENERATION 60 | 90 min €135 | €195

Focusing on the deeper layers of muscle tissue, this treatment targets and relieves acute tension. Expertly designed to release stress, ease muscle tightness, boost circulation, and enhance both mobility and the tone of muscles and skin.

HOT STONE

DEEP MUSCLE RELAXATION 60 | 90 min €135 | €195

Experience deep, lasting relaxation for mind and body. A bespoke massage with warm stones melts away deep-seated muscular tension, while pure, aromatic essential oils envelop the senses, soothing the mind, relieving stress, and reawakening the spirit. A journey of renewal that leaves you feeling beautifully restored.

SEASHELLS

DEEPLY RELAXING 60 | 90 min €140 | €200

An indulgent and truly pampering relaxing full body treatment using the natural benefits of heated sea shells to transport you to the warm beaches of the Tropics. This treatment stimulates blood supply resulting in healthier looking skin whilst the deep tissue pressure point massage eases away muscle tension, releases energy flow and restores a sense of balance to the entire body and mind.

WARMING CANDLE

INTENSE HYDRATION 60 | 90 min

€140 | €200

A soothing and relaxing body massage, using a warm nourishing aromatic massage candle. The warm oil from the candle is poured over the body for a prolonged body massage, using deep and soothing movements. Perfect for hydrating the skin and gives warmth to relieve stress or aches and pains.

BAMBOO

PROMOTES CIRCULATION 60 | 90 min

€140 | €200

This deep tissue massage is designed to relieve stress, muscle tension, aches and pains, whilst the soothing fragranced oils deeply nourish the skin. The bamboo cane replaces the therapist's hands, allowing a deeper, firmer massage. The cane is rolled over the muscle to effectively roll out any knots and tension, leaving you feeling energised both inside and out.

HIMALAYAN DREAM

ALLEVIATE MUSCLE TENSION TOTAL 60 | 90 min

€140 | €200

This incredibly intense, nourishing treatment uses warm salt crystal stones to soothe away stress and tension, and promote an increased sense of well-being. Its grounding properties help to improve sleep and balance the Central Nervous System. Additionally, the stone's natural salt properties gently exfoliate the skin to promote naturally smooth and silky skin, reducing signs of ageing.

ENHANCEMENT

An extra touch to enrich your wellness experience.

REFLEXOLOGY

BOOSTING ENERGY 20 min

€45

Relieves stress and tension from the body through foot massage of reflex zones. It improves circulation and helps restore the body's back into its natural state of equilibrium.

SCALP MASSAGE

STRESS REMEDY 20 min

€45

Designed to soothe the mind and stimulate circulation. Tension often lingers in the head and neck, and a scalp massage can be a powerful antidote to stress.

Warm, aromatic oil is gently massaged into the scalp, easing tightness in the temples and neck, and inviting a deep sense of calm and relaxation.

HAND OR FOOT TREATMENT

DEEP MOISTURISING 35min

€40

Experience a luxurious hand or foot treatment.

The skin is gently exfoliated with refined scrubs to remove dry, damaged cells, revealing a softer, smoother touch. A warm paraffin wax infusion, combined with a soothing massage, offers an extra layer of indulgence - the perfect complement to any treatment, especially those dedicated to nourishing dry skin.

THERMAL AREA

Discover our thermal space,
a sensory sanctuary where body and mind are deeply renewed.

Relax and unwind amidst our exclusive facilities:

Finnish sauna, Heated indoor pool with jacuzzi, Relaxation lounge, Outdoor pool with sea view

Daily access €50

Half-day access €30

Access is complimentary for hotel guests. All services are available by reservation.

BEAUTY TREATMENTS

Beauty as an expression of care and pure simplicity.

WAXING

Gentle and effective treatments for luxuriously smooth, silky, and perfectly nourished skin.

HALF | FULL LEGS €30 | €59

UNDERARMS €20

LOWER ARMS €25

FULL ARMS €35

LIP | CHIN OR EYEBROWS €15

BIKINI CLASSIC €30

BIKINI BRAZILIAN €40

GLUTES €29

ABDOMEN €30

HANDS & FEET

Beauty and wellness rituals for hands and feet.

SPA MANICURE 60 MIN €55

EXPRESS MANICURE 25 MIN €30

SPA PEDICURE 60 MIN €70

EXPRESS PEDICURE 30 MIN €35

NAILS ADD-ONS

SEMI PERMANENT (NAIL POLISH) €15

FRENCH €15

FITNESS AREA

Empower your body, awaken your energy.

Train in our fully equipped gym featuring state-of-the-art Technogym machines, ideal for personalized workouts focused on strength, endurance, and physical harmony.

Daily access (gym + sauna)

€15

10-session pass

€135

20-session pass

€255

Access is complimentary for hotel guests.



SPA ETIQUETTE

To ensure an impeccable wellness experience for all our guests, we kindly invite you to review the following guidelines:

RESERVATION

Advanced bookings are recommended to guarantee preferred times and dates.

ARRIVAL

Guests are kindly requested to arrive 10 minutes prior to their appointment to familiarize themselves with the facilities and focus their minds on relaxation.

VALUABLES

We kindly recommend not bringing valuables into the wellness area. The management declines any responsibility in case of loss. For greater security, guests are invited to use the in-room safe.

CANCELLATIONS

Reservations may be cancelled or rescheduled with a minimum of 24 hours' notice. Changes made within less than 24 hours will incur a 50% charge of the reserved treatment value.

PRODUCTS RETURN POLICY

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the stay.

ENSURING A WONDERFUL EXPERIENCE

We invite you to share any preferences, specific needs, or special conditions with your therapist, so that we may create a fully personalized and supremely comfortable experience for you.

MINIMUM AGE REQUIREMENTS

Access to spa treatments and facilities is reserved for guests aged 18 and above. Treatments for guests between 16 and 18 years of age are available with prior consent through a waiver signed by a parent or legal guardian.

OPENING HOURS

The Spa is open daily from 9am to 9pm (opening hours may be subject to change).

INFORMATION NOTICE

Facility use is subject to internal policies, which are available for consultation at the premises.



Hôtel & SPA des Pêcheurs

For information and reservations:
phone: +33 (0) 495 703639 - e-mail: info@hoteldespecheurs.com
website: www.hoteldespecheurs.com

Spa treatments are available in-room upon request.